

Steele County Public Health

Long Term Care Program Directory of Resources

Notice: This list is intended for informational purposes only and is not all-inclusive. All persons, agencies, vendors, and businesses listed are presented as resources for the Steele County area and are not being promoted, endorsed or condoned by Steele County Public Health or any of its personnel.

For changes and additions to this list, please contact Steele County Public Health at SCPHN@SteeleCountyMN.gov

Customized Living Facilities/Nursing Homes

Benedictine Living Community - Owatonna <i>Care Type:</i> Skilled Nursing Facility 2255 30 th Street NW Owatonna, MN 55060 507- 444-4200 Fax: 507-446-4944 Admissions: 507-446-4941	Birchwood Cottages <i>Care Type:</i> Housing with Services / Dementia Unit or Dementia Program 1845 and 1905 Austin Road Owatonna, MN 55060 507-413-6800 Fax: 507-413-6452	BridgeWater <i>Care Type:</i> Housing with Services / Assisted Living Services 125 Park Street East Owatonna, MN 55060 507-451-0808 www.bridgewatermn.net
Countryside (Ecumen) – A Catered Senior Living Community <i>Care Type:</i> Housing with Services / Assisted Living Services 650 El Dorado Street Owatonna, MN 55060 507-446-8334	Ecumen Brooks <i>Care Type:</i> Housing with Services / Assisted Living Services 2480 St Paul Road Owatonna, MN 55060 507-446-5855 Fax: 507-446-5858	Heather Haus <i>Care Type:</i> Housing with Services / Assisted Living Services 223 4 th Street NW Blooming Prairie, MN 55917 507-583-7399 Fax: 507-583-2401
Medford Senior Care <i>Care Type:</i> Housing with Services / Assisted Living Services / Apartments & Independent Catered Living 108 3 rd Street NE Medford, MN 55049 507-214-3344 Fax: 507-214-3345	Prairie Manor Care Center <i>Care Type:</i> Nursing Home 220 Third Street NW Blooming Prairie, MN 55917 507-583-4434 Fax: 507-583-2401	Timberdale Trace <i>Care Type:</i> Housing with Services / Assisted Living Services 334 Cedardale Drive SE Owatonna, MN 55060 507-451-6914 Fax: 507-451-7083
Timberdale Trace – Memory Care <i>Care Type:</i> Housing with Services / Dementia Unit or Dementia Program 364 Cedardale Drive SE Owatonna, MN 55060 507-446-8600 Fax: 507-446-8601	Traditions of Owatonna I <i>Care Type:</i> Housing with Services / Dementia Unit or Dementia Program 195 24 th Place NW Owatonna, MN 55060 507-455-0700 Fax: 507-583-0011	Traditions of Owatonna II <i>Care Type:</i> Housing with Services / Dementia Unit or Dementia Program 150 24 th Street NE Owatonna, MN 55060 507-451-0433 Fax: 507-583-0011
Valley Terrace of Owatonna <i>Care Type:</i> Housing with Services / Assisted Living Services 1212 W Frontage Road Owatonna, MN 55060 507-451-0722 Fax: 507-455-3731	Whispering Oak Place Assisted Living Community <i>Care Type:</i> Housing with Services / Assisted Living Services 903 Calverly Court Ellendale, MN 56026 507-684-3026 Fax: 505-684-3194	

Board & Lodge Facilities

Youngdahl LLC
1985 4th Avenue SE
Owatonna, MN 55060
507-451-2630 Fax: 507-455-8133

Emergency/Hospitals/Shelters

9-1-1

Austin Medical Center
1000 First Drive NW
Austin, MN 55912
General: 507-433-7351
Appointments: 507-433-8758
Toll-free: 888-609-4065

Crisis Resource Center
125 Front Street W
Owatonna, MN 55060
507-451-1202 or
Toll free: 1-800-451-1202

Gold Cross Ambulance
1005 Cedar Avenue S
Owatonna, MN 55060
507-451-6403 Fax: 507-451-8100

Hospitality House of Owatonna
Emergency men's shelter
250 E Main Street
Owatonna, MN 55060
507-444-4042

Owatonna Clinic (Mayo)
26th Street Clinic
2200 26th Street NW
Owatonna, MN 55060
507-451-1120
Toll free: 1-800-628-2538 (or 911)

Owatonna Clinic (Mayo) - Urgent Care
2200 26th Street NW
Owatonna, MN 55060
507-451-0686
Regular Appts-507-451-0684 (or 911)

Owatonna Hospital (Allina)
2250 26th Street NW
Owatonna, MN 55060
507-451-3850 (or 911)

Safe Return
For wandering & medical emergencies
1-888-572-8566

Financial & Legal Resources

Disability Linkage Line
Phone/Toll free: 1-866-333-2466

Resource Connection

Disability Professionals
PO Box 3408
Mankato, MN 56002
Business: 507-625-1832
Toll Free: 866-678-1832
Fax: 507-625-5606
Disability Certification Assistance

Disability Specialist, Inc.
1-218-666-2676
Toll free: 1-800-642-6393
Fax: 218-666-3136
e-mail: Disabil@northlc.com
www.DisabilitySpecialist.net
Disability Certification Assistance

Health Care Coverage Options and the New Laws:
<http://healthcare.gov>

Medicare
Toll free: 1-800-382-2000 or
1-800-392-0343
<http://www.medicare.gov>

Medicare Part D-Senior Linkage Line
Toll free: 1-800-333-2433 or
<http://www.medicare.gov>

MNHelp.Info
www.mnhelp.info

Resource Connection

Minnesota Prairie County Alliance – Steele Site
630 Florence Avenue
PO Box 890
Owatonna, MN 55060
507-431-5600
888-600-5169 TDD: 507-635-6200

NAELA – National Association of Elder Law Attorneys
To find an elder law attorney in greater Minnesota or in other states, go to www.naela.org

Ombudsman for Long Term Care
PO Box 64971
St Paul, MN 55164-0971
651-431-2555
Toll Free to St. Paul Office:
800-657-3591

Options for the Uninsured/Underinsured to Obtain Medications or Medical Services:
<http://www.needymeds.org>

SEMCAC–Senior/Caregiver Advocate
209 E Main St, Suite A
Owatonna, MN 55060
507-451-7134 or 507-450-8848
TDD: 1-800-627-2433
Fax: 507-451-7210
Senior Citizens Legal Services Rep
2nd Wed of every month/8:30 a.m. – 12:00

Senior Place 500 Dunnell Drive Owatonna, MN 55060 507-444-4280 for appointment Fax: 507-444-2470	Social Security Administration 404 2 nd Street NW Austin, MN 55912 507-433-1838 Ext. 0 Toll free: 1- 800-772-1213 www.ssa.gov	Southern Minnesota Regional Legal Services Albert Lea, MN 55060 1-888-575-2954 or 1-800-223-0280
USDA Rural Development Service Center Office Housing loans and grants 1810 30 th St NW Faribault, MN 55021 507-332-7418 Fax: 855-804-4099 Contact: Charles Phillips, Rural Development Specialist		

Food Programs & Dining Sites

Bethel Community Supper Bethel Church 1611 Hemlock Ave Owatonna, MN 55060 Wednesdays 5:00 – 6:00 p.m. <i>(drive through available)</i> 507-451-8548 www.bethelowatonna.com	Community Pathways of Steele County Income/Asset Based Hours: Monday & Wednesday 9:00 am – 4:30 pm; Tuesday, Thursday & Friday 9:00 am – 3:30 pm 155 Oakdale Street, Suite A Owatonna, MN 55060 507-455-2991 communitypathwayssc.org	Ellendale Area Food Shelf Ellendale United Methodist Church 200 6 th Street Ellendale, MN 56026 Thursdays 4:30 – 6:30 p.m. or by appointment 507-473-0230
Homestyle Direct 1-866-735-0921 www.homestyledirect.com Medicaid meal provider delivers pre-cooked, healthy meals to your door.	Marketplace Delivery Food Resource & Education Delivery for Steele County Community Pathways delivers food to those in Steele County who are unable to come to their location in Owatonna. 507-455-2991 (<i>ask for Troy</i>) communitypathwayssc.org	Meals of Hope Trinity Lutheran Church Trinity Fellowship Hall 609 Lincoln Ave Owatonna, MN 55060 507-451-4520 Thursdays 5:30 – 6:30 p.m. (<i>no charge</i>) Transportation/pick-up available to the meal is provided at Cedar Place (high rise), Ivanhoe, and Maple Trails on the church bus. Call for pick-up times and details. www.tlcowatonna.org
Meals on Wheels 507-451-7134 Blooming Prairie: 507-583-7369 www.semcac.org/senior-services/meals-on-wheels	Mom's Meals Arrives through the mail. Orders can be placed Monday-Friday 8am-5pm. Gluten-free meals are available to waiver customers if there is a medical need. Toll free: 1-866-716-3257 (waiver, press 1) or 1-866-971-6667 (Private Pay) Fax: 515-382-3789 E-mail: info@momsmeals.com www.momsmeals.com	NAPS: Nutrition Assistance Program for Seniors Income/asset based (pick up is usually the 2 nd Tuesday of every month from 4pm-7pm at Trinity Lutheran Church in Owatonna) Toll-free 1-651-484-8241
SEMCAC Meals on Wheels SEMCAC Owatonna Mobile Meal Program Blooming Prairie: 507-583-7369 Ellendale: 507-684-3311 Owatonna/Medford: 507-455-3195 or 507-331-6651	St Vincint DePaul St Joseph Parish 512 Elm Ave S Owatonna, MN 55060 Tuesdays 5:30 – 6:30 p.m. 507-451-4845 www.stjosephowatonna.org	

Dining Sites

Blooming Prairie Senior Center 134 3 rd Ave SE Bloomington, MN 55917 507-583-7369	Cedar Place Apartments 2211 Hartle Avenue Owatonna, MN 55060 507-455-1693	Ellendale Community Center 507-684-2731
Senior Place 500 Dunnell Drive Owatonna, MN 55060 507-444-4280		

Health Services/Home Care/Hospice

Adara Home Health 1961 Premier Drive, Suite 340 Mankato, MN 56001 1-800-598-5546 / 507-345-8591 Corporate Office: 1-800-852-4267 - RN/LPN - Speech Therapy - Home Health Aide - Live-in services - Physical Therapy - Homemaker - Occupational Therapy	Albert Lea Hospice (Mayo) 1705 SE Broadway Avenue Albert Lea, MN 56007 507-284-4002 Contact: Marcia Smith, RN, Director Marcia's email: smith.marcia@mayo.edu - Hospice-related services - Chaplain - Social Worker - Therapy	All Home Health, Inc. 2626 82 nd Street E, Suite #180 Bloomington, MN 55425 952-814-7400 - PCA services - Homemakers
Alliance Health Care 600 S Riverfront Drive, Suite #100 Mankato, MN 56001 507-386-1953 Fax: 507-386-1692 Toll Free: 877-386-7515 - PCA services - Respite care - HHA - Chore services - Assisted living services - Residential waived housing - Fiscal support entity - Companion services	Allina Home Care & Hospice 2350 26 th Street NW Owatonna, MN 55060 (next to Owatonna Hospital) 507-446-0936 - Home Health Care - In-home hospice - Staff include: RNs, HHA, Social Workers, Chaplain, PT, OT, Speech Therapists	Benedictine Living Community – Owatonna Rehabilitation Center 2255 30 th Street NW Owatonna, MN 55060 507- 444-4200 Fax: 507-446-4950 - Rehabilitation Therapies - Home Health Care - Outpatient Therapy
Cascade Care Services 301 West Avenue Zumbrota, MN 55992 507-214-2800 Fax: 507-451-0690 - PCA services - Homemakers - Companion services	Circle of Life Home Care Anishinaabe, LLC 135 Main Street W, Suite G Owatonna, MN 55060 507-214-8007 Fax: 507-214-8010 - PCA services - In-home respite - Homemaking	District One Hospital - Hospice Program 200 State Avenue Faribault, MN 55021 507-334-6451 Toll free: 866-773- 2022 Email: hospice@districtonehospital.com - Hospice-related services
Divine Healthcare 856 University Avenue W St Paul, MN 55104 651-665-9795 Fax: 651-665-9796 - Short term and Long term care - Skilled nursing and therapy services - Companions and Homemakers - Home Infusion Therapy Services	Ecumen Hospice 634 Bridge St W Owatonna, MN 55060 507-774-3221 Fax: 507-451-1851 www.ecumen.org - Hospice: End-of-Life Care wherever the individual calls home	Freedom Home Care, LLC 1065 SW 24 th Avenue, Suite 115 Owatonna, MN 55060 507-387-4663 - Nursing Services - 24 Hour Care - Homemaking - Case Management - Companion Services - no CMS cert. - Assistance with personal cares - Private pay & long-term care insurance
Heartland Hospice Services - Rochester 821 3 rd Avenue SE, Suite 15 Rochester, MN 55901	Helping Hands Homecare of Minnesota, Inc 507-993-7500 Fax: 888-691-4965 www.helpingcareforyou.com	Home Health Care, Inc 800 Boone Avenue N, Suite 200 Golden Valley, MN 55427 763-417-8888 Fax: 763-417-0055

507-292-1170 Fax: 800-254-9581 - Hospice-related services	Email: helpingcareforyou@gmail.com - PCA - RN Supervision - Homemaking - Respite	www.hhcare.net - Skilled Nursing - PT, OT, ST - Social Work - Home Health Aide - Live-in, overnight
Home Instead Senior Care 1059 Madison Avenue Mankato, MN 56001 507-550-1395 - Private pay - Companionship - Home helper and light housekeeping - Medication reminder - Personal long-term care insurance	Interim HealthCare of Rochester 2659 Superior Drive NW, Suite 200 Rochester, MN 55901 507-200-1111 Fax: 507-208-7598 www.interimhealthcare.com/rochestermn/home/	Interim Home Care Services: Private pay, IV therapy, skilled nursing, physical therapy, occupational therapy, speech pathology, medical social services, dietician, home health aide, personal care, extended hours, 24-hour care, homemaker services, companionship, manage oxygen.
Interim Hospice Services: Core hospice team (skilled nursing, medical social services, chaplain/ counseling, physician), pharmacist, dietician, PT/OT/SLP, respiratory therapy, hospice aides, homemaker services, volunteer program, certified music therapy, certified massage therapy, "We Honor Veterans" program.	International Quality Home Care 577 State Avenue, Suite 2 Owatonna, MN 55060 507-451-6262 Fax: 507-451-6288 - PCA - HHA - Homemaking - Skilled nursing - Medical supplies	Mayo Clinic Health System – Austin 101 14 th Street NW 507-434-1415 TDD phone number 507-437-7754 Toll free: 888-609-4065 ext. 1416 www.austinmedicalcenter.org - Hospice - Social Worker, Chaplain, Volunteers
Oasis Home Care LLC 1065 24 th Avenue SW Owatonna, MN 55060 507-291-4204 Fax: 507-299-9479 - PCA & PCA Choice Services	Quality Home Health Care, Inc. 201 East Front Street Owatonna, MN 55060 507-573-1427 Fax: 507-299-9099 - PCA Services	Robland Home Health Care 1500 1 st Ave NE, Ste 210 Rochester, MN 55906 507-252-4619 Fax: 866-597-0950 www.roblandhomehealth.com - RPDN - HM - SNV - PCA/ Extended PCA - HHA - PT/OT - ILS - Respite Care
SEMCIL 2200 Second Street SW Rochester, MN 55902 Toll-free: 1-888-460-1815 Fax: 507-285-0898 - RN Supervision - Transition Services - Personal Care Attendant - Pre-employment skills training - Peer mentor services - Independent Living Skills - Senior Companion Program - Disability Linkage Line - Nursing Home Relocation Program	Seniors Helping Seniors 507-396-8080 www.seniorcareseminnesota.com - Private pay - Up to 24 hr care - Light housekeeping - Meal preparation - Yard work - Respite care - Escort/errands - Transportation - Companion - Doctor appointments - House maintenance and small repairs	St. Croix Hospice 101 N 2 nd Street, Suite #102 Mankato, MN 56001 507-779-7227 Fax: 507-779-7231 Email: info@stcroixhospice.com - Hospice-related services
Steele County Public Health 635 Florence Avenue Owatonna, MN 55060 From Owatonna: 507-444-7650 From Blooming Prairie: 507-583-2283 From Ellendale: 507-684-2211 - Home Health: skilled & maintenance nursing, PT, home health aide, home-maker - LTCC/MNChoice assessments - PCA assessments - Immunization clinics	Straight River Enterprises 405 First Avenue SE Medford, MN 55049 507-444-2427 - Prevocational counseling and employment support for persons with developmental disabilities only - Chore service	Visiting Angels 577 State Avenue, Suite #3 Owatonna, MN 55060 507-451-1124 Fax: 507-451-1930 www.visitingangels.com/owatonna - Private pay & long-term care insurance - Up to 24 Hour Care (Live in/Live out Care) - Assistance in personal care - no CMS cert. - Light housekeeping - Companion - Errand and shopping - Respite

Independent Senior Housing

Cedardale Place Apartments (Senior High Rise) 2211 Hartle Avenue Owatonna, MN 55060 507-455-1693	Ellendale Square 208 7 th Avenue W Ellendale, MN 56026 507-688-2336	Kay Knutson Apartments 905 El Dorado Street SE Owatonna, MN 55060 1-800-466-7722 TTY/TDD: 1-800-627-3529 www.accessiblespace.org
Life Style, Inc. 311 Cedar Avenue N Owatonna, MN 55060 507-451-8524 www.lifestyleinc.net Manages Apache, Cedar Ridge, Cedardale North & South, Ivanhoe, North Court, Parkview, Subland I & II and West Hills Estates apartment complexes in Owatonna, Prairie Villa I apartment complex in Blooming Prairie and Medford Manor in Medford	Maple Trails Apartments 165 24 th Place NW Owatonna, MN 55060 1-800-466-7722, Ext. 284	Morehouse Place (Cooperative) 353 Lemond Road Owatonna, MN 55060 507-451-2223
Owatonna Housing and Redevelopment Authority 540 West Hills Circle Owatonna, MN 55060 507-444-4346	Prairie Villa II 440 3 rd Street SE Ellendale, MN 56026 507-437-2074	Real Life Cooperative of Owatonna 235 22 nd Street SE Owatonna, MN 55060 507-455-3735

Medical Equipment/Supplies

(For area pharmacies, please see yellow pages in your local phone book.)

ActivStyle 1701 Broadway Street NE Minneapolis, MN 55411 Toll free: 1-800-651-6223	AdaptHealth 1176 E Frontage Rd, Suite 4 Owatonna, MN 55060 507-451-7469 https://www.adapthealth.com/minnesota/owatonna/	American Legion (Loan Closet) 137 West Broadway Street Owatonna, MN 55060 507-451-6080 Lends out equipment only
Anderson's Wheelchairs Inc 1117 2 nd Street SW Rochester, MN 55902 507-288-0113 Fax: 507-288-0414 http://www.andersonwheelchair.com/	Assisted Living Store, Inc. Warehouse 199 Bridgepoint Drive South Saint Paul, MN 55075 Toll Free: 1-888-388-5862 651-769-1574 Fax: 1-651-768-7575 http://www.assistedlivingstore.com	Blooming Prairie Serviceman's Club Lends equipment only 507-583-7884
Ellendale Lions Club Lends equipment only 507-684-2472	Freedom Medical Equipment & Supply PO Box 1502 St Cloud, MN 56302 1-866-882-0664	Hearing Impaired Equipment Loan Phone Equipment Distribution 1-800-311-1148 or 1-800-657-3663 TTY: 1-800-657-3513
Heartland Security (Lifeline provider) 1-888-264-6380	HDIS (Home Delivery Incontinent Supplies) Toll free: 1-800-269-4663	Lincare Inc. 200 4 th Street SE Rochester, MN 55904 507-529-8140
Low Vision Store 821 3 rd Avenue SE, Suite #75 Rochester, MN 55904 507-282-7512	Mayo Clinic Store 507-444-5098 Toll Free 1-888-303-9354 www.mayoclinichealthsystem.org	Metro Medical 1408 Riverfront Drive N Mankato, MN 56001 507-388-1801

Omega Medical Supply Rochester, MN LLC: 1-877-252-8413 507-252-8413	Phillips Lifeline (Lifeline provider) 111 Lawrence Street Framingham, MA 01702-8156 1-800-368-2925	Praxair HealthCare Services 23 Center Street W Rochester, MN 55902-3031 507-529-7676
Reliable Medical 507-334-2602 (Faribault) 507-433-9000 (Austin) 507-252-0555 (Rochester)	State Services for the Blind Regional Office in Rochester 2070 College View Road E Rochester, MN 55904 507-923-2820 Fax: 507-280-5592 Toll-free: 1-800-366-2715	

Memory Care Resources

Alzheimer's Association of Minnesota – North Dakota Toll free: 1-877-474-8259 http://www.alz.org	The Alzheimer's Store 3197 Trout Place Road Cumming, GA 30041 Toll free: 1-800-752-3238 http://www.alzstore.com	Lewy Body Dementia Association, Inc. PO Box 451529 Atlanta, GA 31145-9429 Phone/Lewy Body Caregivers' Helpline: 1-800-539-9767 E-mail: lbda@lbda.org
Medic Alert and Safe Return Program 1-888-572-8566 http://www.medicalert.org/safereturn	Memory Cafe 2 nd & 4 th Tuesdays, 10:00 – 11:15 AM Steele County Historical Society 1700 Austin Rd Owatonna, MN 55060 507-451-1420	

Mental Health Services

Catholic Charities 577 State Avenue Owatonna, MN 55060 507-455-2008	Commonality Youth and Family Development 560 Dunnell Drive Owatonna, MN 55060 507-214-1840	Fernbrook Family Center 2575 Harvest Lane NW Owatonna, MN 55060 507-446-0431 Fax: 651-925-0337
Great Lakes Psychological Services of Faribault 422 Heritage Place Faribault, MN 55021 507-333-5044	Lutheran Social Services 609 Lincoln Avenue Owatonna, MN 55060 www.lssmn.org	Mental Health Professionals, Inc. 209 E Main St, Suite A Owatonna, MN 55060 507-446-8123
Spero (formerly South Central Human Relations Center) 610 Florence Avenue Owatonna, MN 55060 507-451-2630 or 1-800-722-0590 24 Hour Emergency Line: 507-455-8100		

Miscellaneous

Clothesline (income & asset based) 155 Oakdale Street Owatonna, MN 55060 507-451-2550 Clothesline Office Hours: M, T, W: 8 a.m. to 5 p.m. & Th. 8 a.m. to 1 p.m. Shopping	Dept. of Vocational Rehabilitation 115 Landmark Drive NE, Suite #1 Owatonna, MN 55060-5702 507-446-1467	Disability Benefits 101 Tools and information on health coverage, benefits, and employment. www.mn.db101.org 1-866-333-2466
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Hours: M, T, W: 12 p.m. to 5 p.m. & Th. 8 a.m. to 1 p.m. Donations accepted: M/T 8 a.m. to 5 p.m.		
Driving Evaluations – Department of Public Safety 1-651-296-3790 OR 1-651-284-2000 https://dps.mn.gov/divisions/dvs/Pages/default.aspx Enter driver's license w/o dashes to check driving status.	Healthy Seniors of Steele County Volunteer programs and falls prevention 500 Dunnell Drive Owatonna, MN 55060 507-774-7648	Medication Awareness Services for Seniors 20 minute consultations with a Pharmacist 507-774-7648 On Call Neighbor: Grace Steele 507-446-0007 or 507-456-6755
Owatonna Work Force Center Riverland College 965 Alexander Drive SW Owatonna, MN 55060 507-431-2275 Email: owatonna.wfc@state.mn.us https://mn.gov/deed/job-seekers/workforce-centers/ 8:00 AM - 12:30 PM; 1:30 - 4:30 PM M-F	Salvation Army Thrift Store, Eviction Counseling 1810 Cedar Avenue S Owatonna, MN 55060 507-455-2023	SEMCAC Energy Assistance, Weatherization, Home Improvement Loans (first floor of the Premier Bank building) 209 E Main St, Suite A Owatonna, MN 55060 507-451-7134 Fax: 507-451-7210
Southeastern Minnesota Area Agency on Aging 2720 Superior Drive NW Rochester, MN 55901 507-288-6944 http://semaaarocheaternmn.org/		

Parish Nurses

Our Saviors Lutheran 1909 Saint Paul Road, Owatonna, MN 55060 507-451- 4853 Fax: 507-446-0688		
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Respite/Care Giver Support Groups

Alanon Newcomers Meeting 605 Florence Avenue Owatonna, MN 55060 507-455-3677 Toll-free: 1-888-425-2668	Alcoholic Anonymous Newcomers Meeting 605 Florence Avenue Owatonna, MN 55060 507-451-8610 Sunday @ 7:00 p.m.	Alzheimer's Support Groups 1-800-272-3900 Albert Lea: 507-373-0683 or 507-373-8226 Austin: 507-433-3462 http://www.alz.org
Alzheimer's/Dementia Caregiver Support Group Trinity Lutheran Church 609 Lincoln Ave S, 2 nd floor Owatonna, MN 55060 507-676-0411 3 rd Tuesday of every month @ 2:30 pm	Brookdale Senior Living 364/334 Cedardale Drive SE Owatonna, MN 55060 507-446-8600 or 507-451-6914 (subject to availability)	Ecumen Brooks 2480 St Paul Road Owatonna MN 55060 507-446-5855 Fax: 507-446-5858 (subject to availability)

Healthy Seniors 500 Dunnell Drive Owatonna MN 55060 507-774-7648	Lotsa Helping Hands Create a free, private, web-based community to organize volunteers during times of need. http://lotsahelpinghands.com E-mail: info@lotsahelpinghands.com	Lutheran Social Service of Minnesota Senior Companion/Neighbor to Neighbor Programs 1605 Eustis Street, Suite 406 Saint Paul, MN 55108 507-512-1036 888-205-3770 Email: seniorcorps@lssmn.org www.lssmn.org
Minnesota MS Support Group 1-800-582-5296 Meet 3 rd Tuesday of every month in Faribault, MN from 6:00 – 8:00 PM www.nationalmssociety.org	Narcotics Anonymous – Alano Building 605 Florence Avenue Owatonna, MN 55060 Sun, 7:00 PM – Trinity Lutheran Church Mon, 7:00 PM – West Hills Alano Bldg. Wed, 9:30 AM – West Hills Alano Bldg. Wed, 7:00 PM – St. Paul’s Lutheran Ch. Thu, 7:00 PM – West Hills Alano Bldg. Fri, 7:00 PM – Trinity Lutheran Church Sat, 7:30 PM – West Hills Alano Bldg. NA Helpline: 612-822-7965	Owatonna Arthritis/Fibromyalgia Support Group 1-800-333-1380 3 rd Monday of every month at the Brooks (September – May) 2480 St Paul Road Owatonna, MN 55060 507-446-0611
Traditions of Owatonna I Customized Living Services (subject to availability) 195 24 th Place NW Owatonna, MN 55060 507-455-0700	Frazier Recovery Home LLC <i>Care Type:</i> Housing with Services 231 17 th Street NE and 315 Cedar Avenue Owatonna, MN 55060 651-895-4440	

Senior Linkage Line & Elder Care Locator

1-800-333-2433 or 1-800-677-1116 or dial 211
www.mnaging.org or www.minnesotahelp.info/

Social Services/Guardianships/Conservatorships

Alternative Resolutions PO Box 887 Owatonna, MN 55060 507-214-1700	Catholic Charities 577 State Avenue Owatonna, MN 55060 507-455-2008	Elder Care Services 1110 Park Road Madison Lake, MN 56063 507-243-3603
Independent Management Services Contact: Stephen Thorson 110 1 st Avenue SE Austin, MN 55912 507-437-6389	Julie Nelson Contracted Guardianship/Conservator 507-475-2141	Lutheran Social Services Senior Companion/Neighbor to Neighbor Programs 507-512-1036
Minnesota Prairie County Alliance – Steele Site 630 Florence Avenue PO Box 890 Owatonna, MN 55060 507-431-5600 888-600-5169 TDD: 507-635-6200	Social Security Administration (Rep payee) 404 2 nd Street NW Austin, MN 55912 507-433-1838 Ext. 0 Toll free: 1-800-772-1213 www.ssa.gov	

Transportation

American Cancer Society Only transports patients to appointments for treatment or physician appointments No Charge 1-800-227-2345	Americare Mobility Van, Inc. (AMV) Specialized Medical Transportation Services 307 Pine Street Mankato, MN 56001 507-625-6741 Toll-free: 1-800-963-7233 Email: dispatch@amvan.com	Blooming Prairie Volunteer Transportation 507-583-7369 (SEMCAC for info.)
Land to Air Express Travel between many cities on their Highway 14 and I90 routes for \$8 each way. Three trips daily. 507-625-3977 www.landtoairexpress.com	Quality Transportation Company Medical Transportation 507-573-1313 Accept MA, private pay \$25 in Owatonna and \$1.30 per mile outside Owatonna	SEMCAC's Volunteer Driver Program 1-800-528-7622
SMART Bus (Southern Minnesota Area Rural Transit) 507-451-7777 Toll-free: 1-855-762-7821 http://smartbusmn.org/	Taxi First Choice 122 Mill Street W Owatonna, MN 55060 507-444-0020 Toll free: 1-866-444-9696 www.youarriveontime.com	Tonna Taxi 507-451-4215

Veterans Services

Minneapolis VA Medical Center One Veteran's Drive Minneapolis, MN 55417 612-725-2000 Toll free: 1-866-414-5058	Steele County Veteran's Affairs 630 Florence Ave PO Box 890 Owatonna, MN 55060 507-444-7460 Fax: 325-793-9537	Veterans Linkage Line Toll free: 1-888-546-5838 http://www.minnesotaveteran.org
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